

## Heat Transfer - Why Your Windows Matter

Don't know much about thermodynamics? Don't sweat it! There are ratings on [windows](#) to indicate their energy efficiency. That is, how much heat they let in during hot spells and how much they let out when it's cold.

Heat loss from inside the house is measured by a window's "U-factor." The lower the number, the better the [window](#) is able to keep the warm air inside during the winter. Said another way, the U-factor measures the insulating qualities of the window.

Another efficiency measure that is especially important in hot climates is the Solar Heat Gain Coefficient (SHGC). The SHGC is a measurement of the solar radiation admitted through a [window](#). The lower a window's SHGC, the less solar heat it transmits, making your air conditioning dollars go further.

This is all starting to sound very technical, but there is a way to simplify things. Just look for the [Energy Star](#) sticker! The Energy Star rating system has been in place for nearly 20 years and is a joint program of the Environmental Protection Agency and the Department of Energy. Energy Star qualified windows can reduce your energy bills up to 15% while helping protect the environment.

[Contact our specialists](#) at Dial One today for a free estimate on your new energy efficient windows!



**Dial One Is Here to  
Talk To You**

Have your questions answered in real time 7 am - 7 pm/ 7 days a week.

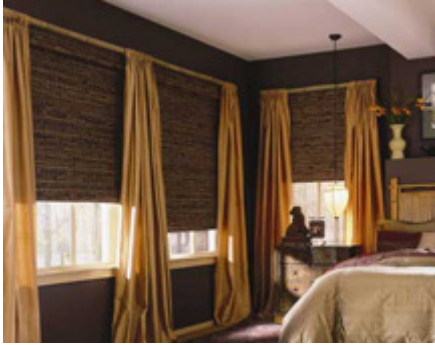
Call us at  
**888-266-7127.**



## Corned Beef and Colcannon

*Corned beef is very easy to make at home in the crock pot. Colcannon, an Irish favorite, is just mashed potatoes with pieces of bacon, onion and sautéed cabbage mixed it. Serve it alongside sliced corned beef for a family meal to celebrate St. Patrick's Day!*

**Corned Beef  
Instructions**



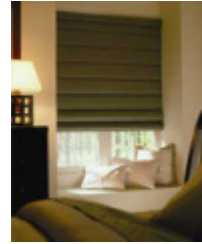
## Windows To The World

If you want a quick way to enhance any room, consider updating your [window treatments](#). Something as simple as switching from blinds to curtains can change the entire look of a room.

Here are some ideas for adorning your windows:

- **Examine your space.** You want to take all aspects of your room into consideration, including its dimensions, color scheme and the amount of natural lighting.
- **What is your personal style?** If you prefer clean lines of modern design, you may opt for sheers or Roman shades. If you like a formal look you may choose traditional drapery. [Shutters](#) and [wooden blinds](#) are often used in casual settings.
- **Pay attention to detail.** There are many accessories to add the finishing touch to your windows, from wrought iron curtain rods to decorative rosette accents.

Windows are your home's eyes to the outside world. With a wide variety of colors, textures and fabrics available in all types of window shadings, we can help you discover and create the perfect environment and ambiance in every room in your home. Dial One window treatments offer outstanding variety and quality along with the latest operational functions. [Schedule an appointment](#) today for a free in-home consultation.



Buy ready-to-cook corned beef in the meat section of your local grocery store. Place the meat and seasoning packet (included in the corned beef package) in a crock pot and pour in just enough water to cover. Cook on low for 10-12 hours or on high for 4-5 hours.

### Colcannon Ingredients

- 2 1/2 pounds potatoes, peeled and cubed
- 4 slices bacon
- 1/2 small head cabbage, chopped
- 1 large onion, chopped
- 1/2 cup milk
- salt and pepper to taste
- 1/4 cup butter, melted

### Directions

Place potatoes in a saucepan with enough water to cover. Bring to a boil and cook for 15 to 20 minutes, until tender. Fry bacon until evenly brown, drain, crumble and set aside, reserving drippings. In the reserved drippings, sauté the cabbage and onion until soft and translucent. Putting a lid on the pan helps the vegetables cook faster.

Drain the cooked potatoes, mash with milk and season with salt and pepper. Fold in the bacon, cabbage, and onions, then transfer the mixture to a large serving

melted butter. Serve  
immediately.

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